

saturday

11:00 - 12:00 aikido explore connection
12:00 - 13:00 futari dori
14:15 - 15:00 tea & talk
15:00 - 16:00 aikido & weapons
16:00 - 17:00 aikido explore timing
18:30 open-end dinner (not included)

sunday

10:30 - 11:30 aikido explore placement
11:30 - 12:30 takemusu aiki
12:30 - 13:30 kaeshi waza
16:00 berlin boat tour (not included)

KAYLA FEDER

SHIHAN, 7TH DAN AIKIKAI

23 - 24 **BERLIN**
SEPTEMBER 2023

"ALLOW
YOUR
BODY
TO
START TO
EXPLORE.
WE ALL HAVE
NATURAL
GIFTS."



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aikido berlin

full 70 € / sat 55 € / sun 45 € / unit 25 €
early bird 65 € / youngsters 55 €